

Outcomes Quarterly



2Succeed in Employment Finalist for Science and Service Award

This Fall the 2Succeed in Employment program was nominated as a finalist for the SAMHSA Science to Service Award, recognizing their innovation and success implementing their employment and vocational programs.

The 2Succeed in Employment program provides job training and placement services for many of our consumers. Over 25% of the consumers referred to the program typically receive employ-



ment placement within 8 months. This success is obtained through a combination of trainings, case management, and job placement services, of course provided by the best staff in the nation.

This unique combination of services along with above average success not only caught the eye of the nominators, but is sure to result in another national award for our programs here at MHCD.

Please join us in congratulating all of the staff of 2Succeed in Employment on all their accomplishments.

Expansion of Criminal Justice Programs Coming to MHCD

Two new criminal justice programs are coming to MHCD. The first program is a collaborative effort between MHCD, Arapahoe-Douglas MH, and the CO Department of Local Affairs, and is funded by the US Department of Justice. It will provide mental health services to consumers recently released from prison. The second program is an extension of our already

successful Court to Community program. IC3, as it has been renamed now, further integrates our primary care and wellness programs into the Criminal Justice programs. The IC3 program is being funded by the Colorado Health Foundation and the City of Denver.

MHCD's continued success obtaining funding for the Criminal Justice pro-

grams is due in no small part to the great outcomes we have seen, such as 70% reductions in arrests and 80% reductions in jail days. Join us in congratulating the Criminal Justice teams on their superior work and outcomes.

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Evaluation and Research Receives Pharmaceutical Study Grant

In collaboration with our Pharmacy Director, Sue Hahn, and Medical Director, Dr. Cheryl Clark, the Evaluation and Research Department received approval from Ortho-McNeil Janssen Scientific Affairs, LLC to fund our proposed study on the effects of Risperidone LAI on recovery from schizophrenia. This will be the first use of

our recovery instruments to evaluate the effectiveness of a psychotropic drug from the recovery perspective. Our hope is that this will begin a long line of recovery based research evaluating the effectiveness of both psychological and medical treatments for mental illness. The members of the Evaluation and Re-

search team involved with this proposal are: Antonio Olmos, Director; Kate DeRoche, Senior Research Associate; and CJ McKinney, Research Associate.

Quality Systems Wins 1st Place for Best Poster at 2010 Mayo Clinic Conference



This last August several of the Quality Systems Team members were pleasantly surprised by our award of first place for best poster presentation at the 2010 Mayo Clinic Conference for Systems Engineering and Operations Research. The poster entitled "Driving Clinical Quality Improvement Through Mental Health Recovery Control Charts" was authored by

Linda LaGanga, CJ McKinney, Antonio Olmos, and Cathie McLean, and presented by Linda LaGanga in Rochester, MN. Though to us the poster covered our normal practice of using recovery measures to identify the needs of the consumers, many comments came back as to our innovative use of the measures to know more about what

drives recovery in our system and identifying consumers in need of other resources within our system. Please join us in congratulating the Quality System Team on their innovative and award winning use of the recovery outcomes.

see the poster at
www.outcomesmhcd.com

“Recovery He Wrote” - The Recovery Blog

Though many may think we here in Evaluation and Research only focus on numbers, we know that the perspectives of individuals with mental illness are important to our understanding of recovery and the development of new methods to provide services and treat mental illness. One way our department maintains con-

nection with the "human side" of numbers is through a public blog maintained by Charles Leon and Donald Sammons of the Evaluation and Research Department. There, Charles and Donald share their own perspectives and stories of mental health recovery, and encourage topic discussions. It is an oppor-

tunity for individuals to identify how they overcome obstacles and challenges, as well as share recovery resources.



Visit the Recovery Blog:

<http://mental-health-recovery.blogspot.com/>

New Grants - Child and Family Getting Funding for New Services

Recently Child and Family services received funding for two new grants, the Safe Start program and the GRID-TTP program.

SafeStart

SafeStart is funded through the Statewide Strategic Use Fund (SSUF) and it aims to identify mother-child (0-5 years old) relationships that have become dysfunctional or are on the

verge of dysfunction, and provides them with therapy and other educational opportunities. The Project Director will be Lydia Prado, Director of Child and Family Services

GRID-TTP:

The Gang Reduction Initiative of Denver - Trauma Treatment Project is funded by SAMHSA. The project will target youth ages 11 to 17, primarily African

American and Latino/a, who are gang involved or at risk of gang involvement. The program is being lead by Lynn Garst, Associate Director of Child and Family Services.



Importance of Outcomes—Clinical Quality

This column is intended to address why we collect the recovery outcomes and what we do with them. This quarter's section:

Clinical Quality

It would be safe to assume that all of MHCD's staff wants to see every consumer succeed at overcoming their mental illness. Part of this process includes the clinical review of consumers, which may include self-review, peer-review, team meetings, and even reviews by supervisors. As many of us know the amount of information on any consumer is very large and can be quite cumbersome to sort

through to get a full picture of the consumer's recovery progress. However, by collecting the recovery outcomes and other clinical information, we can more easily identify the essential components of what is needed to review clinical progress, potential alternative treatment options, and prioritize consumer services. Through our electronic medical records, consistent and valid recordings of the outcomes allow for automation of detection of consumers in need, the summarization of case management, psychological, and medical services, and the consolidation of outcomes needed for clinical decision

making. Though outcomes will never become a replacement for quality clinical decision making, it does help reduce the administrative burden of clinical review, allowing for a higher standard of quality clinical services where fewer consumers "fall through the cracks". In turn, this results in higher rates of change and stability in mental health recovery.



Improving Outcomes Through Data

The Mental Health Center of Denver (MHCD) is a community mental health center for Denver County. MHCD is not a City or State agency. We are a private charitable organization. The State of Colorado contracts with us to serve people in this community who have serious mental illness: our consumers.

Department of Evaluation and Research
Mental Health Center of Denver
4141 E. Dickenson Place

MHCD Mission: Enriching lives and minds by focusing on strengths and recovery

Phone: 303-504-6638
Fax: 303-757-5245
E-mail: Antonio.olmos@mhcd.org or Christopher.mckinney@mhcd.org

MHCD Evaluation and Research Mission: To develop meaningful outcomes systems which help clinical staff, consumers, and their families make more informed decisions based upon real-time, useful data.

[www.outcomesmhcd.com]